



## Ohio State's Counseling and Consultation Services: LGBTQ Groups

### ✓ Lambda Men's Group

- This group is for men who are oriented towards other men, regardless of identities or labels. Gay, bisexual, queer, or questioning men are welcome. It is designed as a safe place to discuss identity, community, coming out, self-esteem, relationships, homophobia/bi-phobia, and other issues of relevance.
- This group is offered twice a week
  - Group 1 meets Fridays at 3 PM and is facilitated by Harry Warner and David Pascale Hague
  - Group 2 meets Wednesdays at 3 PM and is facilitated by Harry Warner
- For more information visit [www.ccs.ohio-state.edu/groups/lambda-mens-group/](http://www.ccs.ohio-state.edu/groups/lambda-mens-group/)

### ✓ Lavender Connection

- This group is for women whose sexual orientation includes attraction toward others of the same gender. Women who identify as lesbian, bisexual, queer, or questioning are welcome to join. The group offers a safe place to talk about issues that may be affecting their lives including coming out, intimate relationships, identity, homophobia/biphobia and sexism, community issues, building support systems, family issues, etc.
- This group is offered Thursdays at 4:30 PM and is facilitate by Holly Davis and Kadian Sinclair-Miracle
- For more information visit [www.ccs.ohio-state.edu/groups/lavender-connection/](http://www.ccs.ohio-state.edu/groups/lavender-connection/)

### ✓ True Selves: A Gender Spectrum Group

- This is a group for students who are questioning or exploring their gender identity, and students who identify as gender variant, transgender, gender queer or who use other identity labels. The goal of the group is to provide a safe, supportive and confidential forum to talk about identity, coming out, relationships with family and friends, dating, academics, transitioning, transphobia/sexism, and other issues of interest to members.
- This group is offered Wednesdays at 4:30 PM and is facilitated by Harry Warner and Jamari White
- For more information visit [www.ccs.ohio-state.edu/groups/true-selves-a-gender-spectrum-group/](http://www.ccs.ohio-state.edu/groups/true-selves-a-gender-spectrum-group/)